



Saltergate

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26 May 2023

Sun Safety

Dear Parents and Carers,

We want to work with you to protect our pupils from sunburn and from any damage that can be caused by the harmful ultraviolet rays in sunlight. We encourage our pupils to avoid sunburn and overexposure to the sun by:

- **seeking the shade, particularly during the middle of the day**
- **wearing suitable hats**
- **wearing clothing that protects the skin, particularly for outdoor activities and trips**
- **using a high factor sunscreen (SPF 15+).**

Please help by encouraging your child to bring, and wear, a hat, particularly on very hot days, sports days, trips and visits. You can also encourage your child to wear longer sleeved shirts and longer shorts when outdoors.

Sunscreens provide added protection and may be useful when other measures are not available. Dermatologists recommend a sunscreen with a high sun protection factor (SPF).

If a child is to use sunscreen on site, parents/carers are asked to:

Provide sunscreen products for use. Please avoid sprays. The sunscreen must be:

- a) Clearly marked with the child's name.
- b) Replenished by the parents/carers as needed.

The sunscreen product will be stored in the child's bag, drawer or other location designated by the school. In EYFS and KS1 this will be monitored by staff so that children do not share sunscreen products.

From Year 1 upwards, most children should apply their own sunscreen; if children have SEND or other needs then support can be provided.

Parents/carers are asked to help their children apply sunscreen at home before school; support can be given to EYFS children and older children who need it.

If it is considered necessary for staff to assist with the application of sunscreen, the sunscreen will only be applied to the face, neck, arms, hands and lower legs.

If you have a child in EYFS, or a child of any age who may need help to apply sunscreen, please complete the [form](#) so that we have consent from you for staff to support your child in applying the sunscreen you have provided.

Mrs Joanne Hall
Headteacher

