



Saltergate

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Monday 16 October 2023

Walk to School Day - Friday 20th October 2023

Dear Parents / Carers,

We are delighted to announce that we are taking part in the local area's Walk to School Day working with Zero Carbon Harrogate. Since 2021, 60 schools have regularly taken part, with over 10,000 pupils walking, scooting or cycling on their last Walk to School Day in June.

Did you know that in North Yorkshire more carbon emissions are created by transport than anything else, and that more than three quarters of this comes from cars and vans? By choosing a more sustainable form of transport, you can do your bit to help protect our communities and our planet by tackling climate change. Even if you live too far from school to walk or cycle all the way, there are other options such as public transport, car sharing or 'park and stride' – this is where you park sooner than normal and walk the last part. All these options will help lower our carbon footprint.

We do what we can, when we can and every mile counts!

The physical and mental health benefits of exercise are well known, with studies also showing that walking to school improves concentration and helps students arrive ready to learn. Making the journey on foot, by bike or using public transport means fewer vehicles on the road, benefitting the wider community with less traffic and cleaner air.

Zero Carbon Harrogate

We therefore invite you to walk to school, bike, take public transport, or park a little further away than normal and walk the remaining distance, every little bit counts!

Your Harrogate, our local radio station, and Harry Gator from Harrogate Town Football Club will be doing a 'Meet and Greet' on the junior playground from 8:30am. If you would like to come along and say hello, we would love to see you! We also ask that if you are happy for your child to be interviewed by Your Harrogate during school hours and include their photos for local media, please [complete this form](#) by **Wednesday 18 October 2023**.

Please be aware that any interviews/photographs taken before children come into school are the responsibility of the parent/carer and are not covered by the above permission form.

Thank you

Mrs Hall

Headteacher

Please go to www.zerocarbonharrogate.org.uk/walk-to-school-day for more information.

For guidance on road safety please go to <https://www.sustrans.org.uk/our-blog/get-active/2019/everyday-walking-and-cycling/walking-safety-tips-for-children/>

